

National Instructor Award

AIM: To set and maintain a standard of the highest order for those who wish to participate in the teaching of water safety and BLS on a voluntary basis.

PREREQUISITES: Minimum age 17 years on date of exam. Rescue 2 Award. Approval of area committee concerned. Character reference to be supplied by Trainee Instructor.

Trainee Instructor must be under the supervision of an official Instructor at all times.

AWARD: Certificate.

VALIDITY: 2 years initially.

IMPORTANT NOTES

The Instructor Examination Form is the responsibility of the Trainee Instructor.

The Candidate must present their Instructor Log Book to the Examiner at each Examination Stage.

A Trainee Instructor who holds an AST Award may be exempted from AST test.

Note: While presentation of a Swim and Rescue 3 class is desirable, WSACs may, in special circumstances accept presentation of Rescue 1 or 2 classes instead. Swimming module may be signed off by qualified swimming teacher at training stage. These exceptions should only apply where circumstances arise that will impede the development of our members e.g. few classes available, where the number of trainee instructors exceeds the availability of Rescue 3 classes or no Swim classes available in programme. Any such decision must be recorded in the minutes of a WSAC meeting.

Instructors are encouraged to undertake the full WSI Assistant Teachers qualification within a three-year period. Practical Assessment in normal class environment.

Water Safety Ireland Generic Tutor Award will form part of all courses in the future.

TEST ITEMS	GUIDELINES
Attend on a trainee Instructor's course covering the following:	
1. BLS 3 plus two-operator CPR.	1. As per CFR Handbook.
2. Demonstrate the following in water or on land as requested by the Examiner: - a. Any items from the Safety Awards. b. Any items from the Rescue Awards.	2. Note that: - Block and Parry, Front Double, Rear Double, Wrist hold on wrist, an un-specified grip, and spinal injury management, must be included in this section.
3. WSI Code of Ethics regarding child protection.	
4. Present a lecture of at least 5 minutes on an aspect of Water Safety.	
5. Present a lecture of at least 5 minutes on an aspect of Basic Life Support.	

6. Have a knowledge of: - - Anatomy and Physiology. - The WSI Award Scheme. - The Structure of WSI Council. - The Local Area Committee. - NOP's/EAP's. - Items of Rescue Equipment. - All publications of WSI.	
7. Prepare 3 Lesson Plans on any aspect of the Examination Syllabus. No necessity for the Trainee Instructor to teach them.	
8. Complete an introduction to swim teaching module, as follows: - A maximum of 8 hours duration to include basic underlying scientific principles of swimming, pool organisation, management of swimming lessons, adapting lesson plans to suit venues and abilities, and knowledge of buoyancy and teaching aids, front crawl, breaststroke, sculling, lifesaving side stroke and rescue back stroke. - This must be done under the supervision of an instructor with a swimming teacher qualification.	
9. - The practical assessment of the Instructors Award will include presentation of the following: 1 x Swim class, 1 x Safety 3 or 4 class and 1 x Rescue 3 class. - Candidates may present a maximum of two of the above during anyone-water safety week or water safety course (pools). The maximum number of assessments on anyone-day is two.	
10. Prepare and present Lesson Plans on each of the following: - - Any Aspect of Basic Life Support. - Any Aspect of the Safety Awards. - Any Aspect of the Rescue Awards.	