

# BASIC LIFE SUPPORT 3

Revised: - June 2006  
Amendment No. 8

**AIM:**

To provide comprehensive BLS skills and complement the knowledge in BLS 1 & 2. To provide the necessary BLS skills to deal with choking situations related to **conscious and unconscious** victims.

**THEORY LEVEL:** High

**SKILL LEVEL:** High

**PREREQUISITES:** BLS 2

**AWARD:** Certificate.

**VALIDITY:** 2 years.

## TEST ITEMS

1. All skills and knowledge in BLS1 and BLS2.
2. Answer questions on knowledge of the circulatory system, the composition of the blood and the functions of the particles.
3. Candidates must satisfy the examiner on their ability to recognise a cardiac arrest.
4. Demonstrate effective skills to relieve Airway Obstruction for conscious victims.
5. Demonstrate effective skills to relieve Airway Obstruction for unconscious victims.
6. Demonstrate effective skills to relieve Airway Obstruction when dealing with either pregnant or obese victims.
7. Answer questions on any aspect of Basic Life Support theory.

**NOTE:** Training MANIKIN should be used